

City Fare Menu February 2012

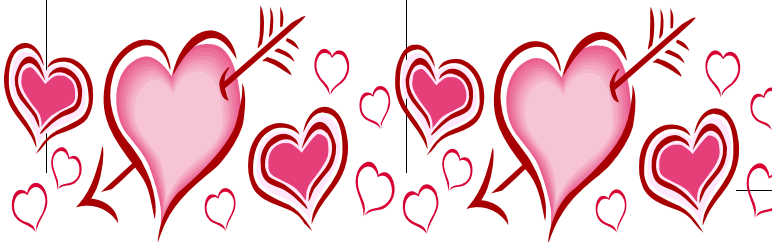
Monday

Tuesday

Wednesday

Thursday

Friday

		1 Herb Baked Chicken with Gravy Mashed Potatoes Honey Glazed Carrots Cranberry Sauce Ultimate Grain Bread Raspberry Sherbet	2 Macaroni with Meat Sauce Tossed Salad with Dressing Italian Blend Vegetables Italian Bread Mandarin Oranges	3 Orange Juice Salmon with Dill Sauce Wild Rice California Blend Vegetables Ultimate Grain Bread Strawberry Ice Cream
6 Baked Chicken with Gravy Potato Wedges Winter Blend Vegetables Wheat Bread Peach Cobbler	7 Pot Roast with Au Jus Gravy Baked Potato with Sour Cream Key West Vegetables Dinner Roll Strawberries with Whipped Cream	8 Baked Ham with Pineapple Sauce Baked Potato with Cheese Brussels Sprouts Twelve Grain Bread Mixed Fruit	9 Lentil Soup with Crackers Cheese Pizza Tossed Salad with Dressing Orange Oatmeal Cookie	10 Cranberry Juice Baked Tilapia with Almond Lemon Chive Sauce Macaroni & Cheese Stewed Tomatoes Pear
13 Spaghetti & Meatballs Tossed Salad with Dressing Capri Blend Vegetables Dinner Roll Mixed Fruit	14 **Valentine's Day** Boneless Chicken Breast in a Marsala Sauce over Fettuccine Spinach Salad with Mandarin Oranges & Raspberry Vinaigrette Dressing Green Beans Whole Wheat Bread Lemon Meringue Pie	15 Roast Pork with Gravy Au Gratin Potatoes Lima Beans Corn Bread Pineapple	16 Split Pea Soup with Crackers Tuna Salad with Lettuce & Tomato on Roll Carrot Pineapple Salad Mandarin Oranges	17 Roast Turkey with Gravy Baked Sweet Potato Peas Dinner Roll Cranberry Sauce Vanilla Pudding
20 CENTER CLOSED PRESIDENT'S DAY	21 Oven Fried Chicken Corn with Red Pepper Spinach Country Bread Mixed Fruit	22 Grape Juice Flounder with White Sauce Scalloped Potatoes California Blend Vegetables Ultimate Grain Bread Peaches	23 Minestrone Soup with Crackers Hamburger on Bun with Lettuce & Tomato Green Beans Tropical Fruit	24 Orange Juice Thyme Baked Chicken Fettuccine with Alfredo Sauce Winter Blend Vegetables Raspberry Sherbet
27 Tomato Vegetable Soup Turkey & Provolone Cheese with Lettuce, Tomato & Onion on Roll Carrot Pineapple Salad Banana	28 Apricot Juice Chicken & Dumplings Mixed Vegetables Dinner Roll Orange	29 Cranberry Juice Salisbury Steak with Gravy Oven Roasted Potatoes Brussels Sprouts Wheat Bread Mandarin Oranges		
<ul style="list-style-type: none"> • All meals subject to change. Meals contain 1% milk. • Meals are ordered according to projected number; over that number, back-up meals will be available. • Suggested minimum donation for persons 60+ is 2.25. People under age 60 must pay \$4.25. 				